



Sun Safety Policy  
2023-24

The aim of our sun safety policy is to protect children and staff from skin damage by the effects of ultraviolet radiation from the sun.

**The main elements of this policy are:**

**Protection:** providing an environment that enables pupils and staff to stay safe in the sun.

**Education:** learning about sun safety to increase knowledge and influence behaviour.

**Partnership:** working with parents/carers, governors, our school nurse, family support workers and the wider community to reinforce awareness about sun safety and promote a healthy school.

**Our school believes in Sun Safety**

To ensure that children and staff are protected from skin damage caused by the harmful ultra - violet rays in sunlight.

**As part of the Sun Safety policy, our school will:**

- Educate children throughout the curriculum about keeping safe in the sun with appropriate clothing, use of sunscreen, and keeping hydrated.
- Encourage children to wear clothes that provide good sun protection.
- Hold outdoor activities in areas of shade wherever possible, and encourage children to use shaded areas during breaks, lunch hours, sports and trips.
- Make use of canopies directly outside the classroom to provide shade during both learning and playtime.
- Encourage staff and parents to act as good role models by practising sun safety.
- Regularly remind children, staff and parents about sun safety through social media, assemblies and activities for pupils.
- Make sure the sun safety policy is working. We will regularly monitor our curriculum, assess shade provision, and review the sun safety behaviour of our young people and staff (use of hats, shade etc).

**Suggestions to help cope with hot weather**

- Pupils to wear hats when outside.
- Pupils should wear high factor long lasting sun cream and this should be applied prior to coming to school.
- Teachers should make a judgement as to the temperature of the classrooms and make internal arrangements to teach in cooler areas where possible.
- Teachers should encourage pupils to drink water and ensure there are regular breaks for them to do so.
- Where possible, all doors and windows should be opened to provide a through breeze and classroom blinds should be drawn.

- Physical education lessons should be carefully planned to avoid sun exposure, unnecessary exertion and dehydration. In extreme weather, outdoor PE lessons should not last for more than 30 minutes when children should be brought indoors, given time to rest and drink water.
- Annual Sports' Day will be determined by preceding days' climate and gazebos will be set up to provide shade.
- Pupils with Asthma, breathing difficulties or other relevant health conditions should avoid physical activities.
- Parents/carers and children must be encouraged to follow these procedures at home.
- Staff must also ensure they drink water regularly and take precautions against the high temperatures.

### **The role of school staff**

- To encourage parents to apply long lasting sun cream prior to the school day.
- In exceptional circumstances, supervise pupils applying their own sun cream on sunny days (Personal sun cream to be kept in a safe storage place and bottles to be clearly labelled with pupils' name).
- Encourage parents to ensure that their children have appropriate cover up clothing such as hats, t shirts and cardigans.
- Add the use of sun cream reminders to permission slips for outdoor trips and events.
- Encourage children to use shaded areas in the playground with our gazebos.
- Encourage pupils without cover up clothing to stay in the shade.
- Build sun safe partnerships with parents, staff and the community.
- Encourage staff and pupils to be role models for younger pupils.

### **The role of the parents**

- Parents are asked to support and encourage the school sun safety policy.
- Parents are to apply appropriate SPF of 30 or greater sunscreen prior to attending school.
- Parents are to inform members of staff of any skin conditions or sensitivities that may require further support. We will discuss each of these circumstances on an individual basis.
- Parents are asked to set good examples by adopting safe sun habits.

#### **Policy Review and Update:**

This policy was reviewed in February 2024 and no changes were made

All staff were made aware of the review of this policy in February 2024

This policy will be reviewed in February 2025

This policy was re-approved by the governing body on 14.03.24

Signed by Chair of Governors: \_\_\_\_\_

